



3-Year-Old Goals

These goals are based on the Work Sampling System Developmental Guidelines for Preschool 3 (age 3). They incorporate state and national standards of curriculum development and teaching practices and are organized according to specific areas of development. They are also tied into the Illinois Early Learning Standards.

Personal and Social Development

- To demonstrate self-confidence
- To show some self-direction
- To follow simple classroom rules and routines with guidance
- To manage transitions
- To attend briefly to an activity
- To seek help when encountering a problem with an activity
- To approach play with purpose and inventiveness
- To interact with one or more children in class
- To interact with familiar adults
- To participate in small group activities
- To show empathy and caring for others
- To seek adult help when needed to resolve conflicts

Language and Literacy

- To gain meaning by listening
- To follow two-step directions (with no visual prompts)
- To show the beginnings of phonological awareness
- To speak clearly enough to be understood by most listeners
- To use expanded vocabulary and language for a variety of purposes to express ideas, wants and needs
- To recognize own written name
- To show an appreciation for books
- To show an interest in letters and words
- To comprehend and respond to stories read aloud
- To represent ideas and stories through pictures, dictation and play
- To use scribbles and unconventional shapes to write
- To draw a human figure with 10 body parts
- To write some of the letters in his/her name (uppercase)
- To use an appropriate pencil grip
- To establish handedness



Mathematical Thinking

- To show curiosity and interest in counting and numbers
- To sort objects that vary by one attribute into two groups
- To identify most shapes
- To show an understanding of positional words
- To show an understanding of some comparative words
- To participate in measuring activities

Scientific Thinking

- To use senses to observe and explore classroom materials and natural phenomena
- To begin to use simple tools and equipment for investigation

Social Studies

- To begin to recognize physical characteristics of self and others
- To begin to understand family structures and roles
- To be able to describe some jobs that people do
- To demonstrate an awareness of group rules

The Arts

- To participate in group music experiences
- To participate in creative movement, dance, and drama
- To use a variety of art materials for tactile experience and exploration

Physical Development and Health

- To move with some balance and control
- To coordinate movements to perform gross motor tasks
- To use eye-hand coordination to perform fine motor tasks
- To explore the use of various drawing and art tools
- To begin to perform self-care tasks independently
- To follow basic health and safety rules with reminders